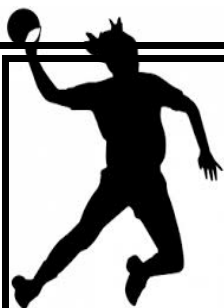


HANDBALL SKILLS ASSESSMENT SHEET.

OBSERVER:	1.- Excellent. (Always observed/ Correct and accurate performance)	2.- Proficient. (Most of the times observed/ Quite accurate).	3.- Developing. (Observed sometimes and 50% of accuracy).	4.- Beginner/ Needs Improvement (Rarely observed/ Not accurate and difficult to play with him/ her).
PLAYER:				
Group:				
PASSING.				
Makes passes using either his/ her right or left hand.				
Makes crisp passes.				
Passes are as simple as possible.				
Passes the ball in front of the receiver player.				
Passes the ball when the receiver is looking.				
Are the passes easy to receive.				
CATCHING.				
Uses both hands for catching.				
Keeps eyes on the ball until he or she caught it.				
Spreads his/ her fingers and inner palms to the ball and slightly bend elbows.				
Moves to the ball without waiting.				
SHOOTING.				
Reaches back and above the shoulder before releasing the ball.				
Jump into the air and release the shot for a goal.				
Uses left or right hand equally.				
DRIBBLING.				
Dribbles at a hip level.				
Dribbles using either right or left hand.				
Dribbles to advance the ball according to the pattern permitted by the rules.				
TEAM GAME.				
Takes central positions on the court.				
Asks for the ball.				
Passes the ball.				
Advance with ball.				
Defends the opponents.				
Helps others defending opponents.				



- Strengths:

- Areas of Improvement:

[Short Term Goal:

[Long Term Goal: