TECHNICAL AND TACTICAL SKILLS EVALUATION RUBRIC.

|  | 1 (Outstanding) | 2 (Good Feeling) | 3 ENOUGH/ <br> (Needs Improvement) | 4 (Not Yet) |
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| Setting $1.1$ | Student's hands are ready above their head and in a diamond shape. Student pushes their hands upwards as the ball approaches. Student contacts the ball with their finger-tips. Student's uses their body to help hit the ball over the net. | Student's hands are ready above their head in a diamond shape. Student pushes their hands upwards as the ball approaches. Student contacts the ball with their fingertips. Students do not use their body to help hit the ball. | Student's hands are not above their head and in a diamond shape. Student pushes their hands too early or to late upwards as the ball approaches. Student contact the ball with their palm Student does not use their body to help hit the ball over the net. | Student's hands are not ready above their head and in a diamond shape. Student pushes their hands to early or too late upwards as the ball approaches. Student slaps at the ball with their hands. Student's does not use their body to help hit the ball over the net. |
| Serving Underhand $1.1$ | Student holds ball in non-serving hand. Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it. Student takes a powerful step before serving. Student makes good contact with the ball while serving. Student has good follow through producing a straight serve over the net. | Student holds ball in non-serving hand. Student holds ball in nonserving hand the whole time and does not throw the ball up or drop it. Student does not take a step before serving. Student makes good contact with the ball while serving. Student follows through with their serving hand in accurately producing an inaccurate serve. | Students holds ball in non-serving hands. Before the student serves they throw the ball into the air or drop the ball before contact. Student swings serving arm under control before making contact. Serve is inaccurate due to timing issues with throwing the ball into the air before the serve. | Student holds ball in nonserving hand. Before the student serves they throw the ball into the air. Student swings arms sideways or without full control. Student makes poor contact with the ball or misses the ball while serving. |
| Serving Overhand $1.1$ | Serving hand is ready and at shoulder / head level. Student has a good throw over the serving hand. Student's swings' serving hand and makes contact their palm. Student takes a step forward with their non-serving leg. <br> Student follows through with their serving hand producing an accurate serve over the net. | Serving hand is ready and at shoulder/head level. Student does not consistently have a good throw over the serving hand. A student swings serving hand and makes average contact with their palm, Student takes a step forward with their non-serving leg. Student does not fully follow through with their serving hand producing an accurate serve over the net $50 \%$ of the time. | Serving hand is not ready and at should/head level. Student does not consistently have a good throw over the serving hand. A student swings serving hand and makes poor contact with their palm. <br> Student takes a small step or no step forward with their non-serving leg. Student does not follow through with their serving hand producing an accurate serve over the net $25 \%$ of the time | Serving hand is not ready and at shoulder/head level. Student does not have a good throw over the serving hand. A student swings serving hand and makes poor contact with their palm. Student does not take a step. forward with their non-serving leg. Student does not follow through with their serving hand producing an accurate serve over the net $0-25 \%$ of the time. |
| Forearm Bump Pass $1.1$ | Hands are clasped together using proper grip. Student's arms are straight before they strike the ball. Student swings arms at the proper time and makes good contact with the ball traveling over the net $75-100 \%$ of the time. | Hands are clasped together using proper grip. Student's arms are straight before they strike the ball. Student swings arms at the proper time and makes good contact with the ball traveling over the net 50$75 \%$ of the time. | Hands are not clasped. Student's arms are slightly bent before they strike the ball. Student swings arms at the proper time and makes good contact with the ball traveling over the net $25-50 \%$ of the time | Hands are not clasped. Student's arms are bent before they strike the ball. Student swings arms at the improper time and poor contact with the ball traveling over the net 0-25\% of the time Student contacts the ball with their hands |
| Spike 1.1 | Hits the top of the ball to create a spin. Spiker takes two steps to create a forwards speed. Places right foot to the ground when setter touches the ball. This is to generate a higher jump. Makes | Does not take two steps s to create a forwards speed. Places right foot to the ground when setter touches the ball Does not make good contact with the ball. Has the correct form | Does not take two steps $s$ to create a forwards speed. Places right foot to the ground when setter touches the ball Does not make good contact with the ball. Does not have the correct form with his hand | Just jumps straight in the air and does not take two steps s to create a forwards speed. Places right foot to the ground when setter touches the ball Does not make good contact |


|  | good contact with the ball and while in the air reaching as high as you can. Does not touch the net. Has the correct form with his hand (Thumb tucked under fingers which are extended | with his hand (Thumb tucked under fingers which are extended. Does not touch the net | (Thumb tucked under fingers which are extended. Slaps at the ball. Touches the net. | with the ball. Does not have the correct form with his hand (Thumb tucked under fingers which are extended. Slaps at the ball. Touches the net |
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| $1 \times 1$ situations. $1.2 / 1.3 / 3.1 / 3.3 / 3.5$ | Consistently keeps the ball in control using all different techniques. <br> Adapts his skills to his opponents. | Most of the times are able to play continuously $1 \times 1$. <br> Develops limited strategic decisions. | Can hit the ball if tossed <br> Can block the ball if tossed in a drill | Can play the ball with a partner without opposition. |
| Game situations. $1.2 / 1.3 / 3.1 / 3.3 / 3.5$ | Consistently: <br> - Uses the correct passing, setting and serving techniques. <br> - Follows rules. <br> - Makes decisions according to the game situations. <br> - Thinks about having 3 hits (to set up an attack) <br> - Adapts the game to the group. <br> - Plays competitive situations $6 \times 6$ with rotation and strategy principles. | Most of the times: <br> - Uses the correct passing, setting and serving techniques. <br> - Follows rules. <br> - Makes decisions according to the game situations. <br> Thinks with difficulty about having 3 hits (to set up an attack). <br> - Understands the basic concept of rotation. | Can play the ball in game situations with a lack of level 2 tactical principles. <br> Plays $6 \times 6$ with lack of strategic thinking. Misses basic rules. | Plays game situation following the main strategies. |

Based on East Aurora Union Free School District (NY).

